

triangle youth ballet

Stage One Dancers

Dancers in Stage One have class once a week and are placed in levels according to their age in September.

No previous experience is needed to enroll in any level.

Our program is based on a 36 week academic year. The assumption is that you will continue UNLESS and until you notify us of withdrawal.

You may visit our Curtain Call for Class site to purchase your required dance wear. Samples for sizing are available in the office.

Stage One A (dancers age 3 in September 2019)

- Monday 3:15 - 4:00 Miss Sharon
- Wednesday 4:15 - 5:00 Miss Sharon
- Saturday 9:00 - 9:45 Miss Hannah

Stage One B (dancers age 4 in September 2019)

- Tuesday 4:00 - 4:45 Miss Sharon
- Thursday 4:00 - 4:45 Miss Sharon
- Saturday 10:00 - 10:45 Miss Sharon

Stage One C (dancers age 5 in September 2019)

- Tuesday 5:45 - 6:45 Miss Sharon
- Thursday 4:45 - 5:45 Miss Sharon
- Friday 4:00 - 5:00 Miss Sharon
- Saturday 9:45 - 10:45 Miss Hannah

Stage One D (dancers age 6 in September 2019)

- Tuesday 4:45 - 5:45 Miss Sharon
- Wednesday 5:00 - 6:00 Miss Sharon
- Saturday 10:45 - 11:45 Miss Sharon

Stage One E (dancers age 7 in September 2019)

- Monday 4:00 - 5:00 Miss Sharon
- Friday 5:00 - 6:00 Miss Sharon
- Saturday 10:45 - 11:45 Miss Hannah

Pre-K Ballet (dancers age 3 or 4 in September 2019)

- Tuesday 9:00 - 9:45 Miss Sharon
- Wednesday 1:00 - 1:45 Miss Sharon

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Stage Two Ballet Students

Dancers in Stage Two have class twice a week, and must be at least 8 in September 2019.

No previous experience is needed to enroll in Stage 2A, but moving to the next levels requires a good understanding and execution of the basic technical principals taught in Stage 2A.

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Stage Two A

Dancers must be at least 8 in September 2019.

- Monday and Wednesday 4:00 - 5:00 Miss Kate / Miss Abbie
- Or
- Tuesday and Thursday 4:00 - 5:00 Miss Kate / Miss Abbie

Stage Two B

Dancers must be at least 9 in September 2019, successfully completed Stage 2A or be placed in this class by a member of our faculty.

- Monday and Wednesday 4:00 - 5:00 Miss Kate / Miss Abbie
- Or
- Tuesday and Thursday 4:00 - 5:00 Miss Kate / Miss Abbie

Extended Packages expose our dancers to various dance styles.

These sessions meet for 30 minutes following technique class.

The curriculum is:

First quarter	Jazz styles
Second quarter	Modern and choreography
Third quarter	Character dance
Fourth quarter	Repertory for 4th Quarter Showcase

Stage Two A and B Extended Package

- Monday 5:00 - 5:30 with Miss Abbie / Miss Lauren
and / or
- Tuesday 5:00 - 5:30 with Miss Lauren / Miss Abbie

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Stage Three Ballet Students

Dancers in Stage Three have a 90-minute class twice a week, and must be at least 10 in September 2019.

Moving through the levels of Stage Three requires good understanding and execution of the technical concepts presented in each level.

Our program is based on a 36 week academic year. The assumption is that you will continue UNLESS and until you notify us of withdrawal.

You may visit our Curtain Call for Class site to purchase your required dance wear. Samples for sizing are available in the office.

Stage Three A

- Monday and Wednesday 5:30 - 7:00 Miss Abbie
- Extended Packages expose our dancers to varied dance styles. These sessions meet for 30 minutes following technique class.

Stage Three A Extended Package

- Wednesday 5:00 - 5:30 with Miss Abbie

The curriculum is:

First quarter	Jazz styles
Second quarter	Modern and choreography
Third quarter	Character dance
Fourth quarter	Repertory for 4th Quarter Showcase

Stage Three B

- Tuesday and Thursday 5:30 - 7:00 Miss Lauren
- Extended Packages in Stage 3 B incorporate the principals of pointe work for 30 minutes prior to Thursday technique class (5:00 - 5:30) It is not uncommon for dancers to be cleared for pointe shoes in the second half of the year. All dancers are evaluated individually for pointe shoes with the markers being thoroughly explained. In addition to this extended package, dancers in this level are invited to take a Contemporary Class with Miss Kate on Friday afternoons from 4:30 - 5:30

Stage Three C

- Monday and Wednesday 5:00 - 7:00 Miss Kate
- Each class has 30 minutes of pointe work each day. Dancers in this level are invited to take a Contemporary Class with Miss Kate on Friday afternoons from 4:30 - 5:30

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Advanced Ballet 4, 5 & 6 and Company Classes

Dancers Advanced Ballet Levels should be dancing at least three times per week

Moving through these next levels require the student to have a good understanding and execution of the basic technical principals taught in the previous stage.

Our program is based on a 36 week academic year. The assumption is that you will continue UNLESS and until you notify us of withdrawal.

Faculty:

Kate Currin
Audrey Fenske
Lauren Lorentz de Haas
Abbie Stone
Devin Sweet

Stage Four

- Tuesday and Thursday 7:00 - 9:00

Stage Five

- Monday and Wednesday 7:00 - 9:00

- Stage Six

- Tuesday and Thursday 7:00 - 9:00

Each class has 30 minutes of pointe work each day.

Apprentice Company Class

- Wednesday 7:00 - 9:00
- Friday 5:30 - 7:00

Company Class

- Tuesday and Thursday 5:00 - 7:30
- Friday 5:30 - 7:00

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Adult Ballet

- Sundays
2:15 - 3:45
Beginning/Intermediate
- Tuesday and Thursday Mornings
10:00 - 11:30
Intermediate
- Monday and Wednesday
7:00 - 9:00
Advanced/Intermediate

Drop-in rate \$15 per class

Faculty:

Kate Currin
Lauren Lorentz de Haas
Abbie Stone
Devin Sweet

Modern Dance

With William Commander

Advanced Modern Technique

- Tuesdays
7:30 - 9:00
Age Guideline 16 - adult or by invitation

Also coming to the schedule:

*Boys Class, Partnering, Saturday Morning Jazz and Saturday Pointe Class.
Yoga and Yoga for Ballet Dancers.*

Musical Theatre

With Katie Moorehead

Musical Theatre 1 Beginning Level

- Monday 5:00 - 6:00
Age Guideline 8 - 11

Musical Theatre 2 Intermediate Level

- Monday 6:00 - 7:30
Age Guideline 12 - up

Musical Theatre 3 Advanced Level

- Monday 7:30 - 9:00
Age Guideline 16 - adult or by invitation