

Stage One

Stage 1A (age 3 as of Sept 1)

- Tuesday 5:00-5:45 pm
- Wednesday 5:00-5:45 pm
- Saturday 9:15-10:00 am

Stage 1B (age 4 as of Sept 1)

- Tuesday 5:45-6:30 pm
- Wednesday 5:00-5:45 pm
- Thursday 4:00-4:45 pm
- Saturday 9:15-10:00 am

Stage 1C (age 5 as of Sept 1)

- Tuesday 4:00-5:00 pm
- Wednesday 4:00-5:00 pm
- Saturday 10:30-11:30 am

Stage 1D (age 6 as of Sept 1)

- Monday 4:00-5:00 pm
- Thursday 4:00-5:00 pm
- Saturday 10:30-11:30 am

Stage 1E (age 7 as of Sept 1)

- Tuesday 4:00-5:00 pm
- Saturday 10:30-11:30 am

Stage 1 A/B Tap

- Saturday 9:00-9:15

Stage 1 C/D Tap

- Saturday 10:00-10:30

Stage 1 E Jazz/Tap

- Saturday 11:30-12:00

Stage 1 D/E Jazz

- Friday 4:30 - 5:30

Stage Two

Stage 2A Classes

- Ballet: Monday and Wednesday 4:00-5:00 pm
- Extended Package: Wednesday 5:00-5:30 pm
- Musical Theatre: Monday 5:00-6:00 pm
- Variations and Character: Thursday 5:00-6:00 pm

Stage 2B Classes

- Ballet: Tuesday and Thursday 4:00-5:00 pm
- Extended Package: Tuesday 5:00-5:30 pm
- Musical Theatre: Monday 5:00-6:00 pm
- Variations and Character: Thursday 5:00-6:00 pm



Stage Three

Stage 3A Classes

- Ballet: Mon. 5:00-6:30 pm and Wed. 5:30-7:00 pm
- Extended package: Wednesday 7:00-7:30 pm
- Character and Variations: Thursday 5:00-6:00 pm

Stage 3B Classes

- Ballet: Tuesday 5:00-6:30 pm
- Pre-pointe: Wednesday 6:30-7:00 pm
- Character and Variations: Thursday 5:00-6:00 pm

Stage 3C Classes

- Ballet: Monday 6:30-8:00 pm with
- Ballet: Wednesday 5:00-6:30 pm
- Pointe: Monday 8:00-9:00 pm (3C and up)
- Character and Variations: Thursday 5:00-6:00 pm

Stage Four

Stage 4A Classes

- Ballet Technique: Tuesday 6:30 - 8:00 pm
- and Thursday 5:00 - 6:30 pm
- Pointe: Tuesday 8:00 - 9:00 pm and Thursday 6:30 - 7:30 pm
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Stage 4B Classes

- Ballet Technique: Monday 6:30 - 8:00 pm
- Tuesday 6:30 - 8:00 pm
- Wednesday 7:30 - 9:00 pm
- Thursday 5:00 - 6:30 pm
- Pointe: Monday 8:00 - 8:30 pm
- Tuesday 8:00 - 9:00 pm
- Thursday 6:30 - 7:30 pm
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Additional Pointe Classes for 3C, 4A and 4B

- Monday 8:00-9:00 pm
- Tuesday 8:00-9:00 pm
- Thursday 6:30-7:30 pm.



Modern

- *Intermediate Modern: Friday 4:30 - 5:30 pm*
- *Advanced Modern: Friday 5:30 - 7:00 pm*

Jazz

- *Pre- Jazz: Sat. 11:30 - 12:00 ages 7 & 8 with rhythm and tap*
- *Pre- Jazz: Friday 4:30 - 5:30 ages 6 & 7*
- *Jazz: Saturday 12:00 - 1:00 ages 8 - 12*
- *Intermediate/Advanced Jazz: Wednesday 6:30 - 7:30 pm*

Musical Theatre

- *Stages 2A/B: Monday 5:00 - 6:00 pm*
- *Teens or 3A & up: Monday 6:30 - 7:30 pm*
- *Tap Class: 7:30 - 8:30 pm (teens through adults)*

Drama

- Grades k-3: Tuesday 9:00-10:00
- Grades 4-8: Tuesday 10:00-11:00
- Ages 3-5: Monday 4:00-5:00
- Ages 6-8: Friday 4:00-5:00
- Ages 9-12: Friday 5:00-6:00

Designed for home schoolers

Our Quarters

Our academic year is divided into 4 nine-week quarters. Tuition is due by the first day of each quarter. The last class of each quarter includes a showcase for the dancers families.

1st Quarter	Sept 3 - Nov 2
2nd Quarter	Nov 3 - Jan 18
3rd Quarter	Jan 19 - Mar 29
4th Quarter	April 6 - June 7

Adult Classes - You may be billed through our registration system or purchase individual classes on our website. Beginner classes are only offered in sessions.

Drop-in Ballet Classes

Advanced Beginner

- *Saturday 9:00 - 10:30*
- *Sunday 9:00 - 10:30 Sunday*
- *Tuesday 11:00 - 12:30*

Ballet in Nine-week Sessions

Fundamentals of Ballet

- *Wednesday 7:30 - 8:30 pm*

Advanced Beginner

- *Tuesday 7:00 - 8:30 pm*

Adult Pre Pointe and Pointe

- *Monday 5:30 - 6:30 pm*
- *Pointe shoes must be approved by teacher before transitioning from flat ballet slippers.*

Modern

Intermediate Modern

- *Friday 4:30 - 5:30 pm*

Advanced Modern

- *Friday 5:30 - 7:00 pm*

Musical Theatre Mini Workshops

These three week pop up workshops happen periodically through out the year. Please let us know if you want advanced notice of the next session.

Drama Class

Drama for Adults

- *Wednesday 6:30 - 7:30 pm*
- *Wednesday 6:30 - 7:30 pm*

Stretch and Strength

- *Tuesday 5:30 - 6:30 pm*

Adults, if interested in participating in performances, please let your instructor know.

The Triangle Youth Ballet is a 501(c)(3) nonprofit and a member of the NC Center for Nonprofits. A performing member company of Regional Dance America Southeast since 2005, we proudly support four performing companies, mount a full length Nutcracker with live orchestra, and have an active community outreach and educational component to our performances.